



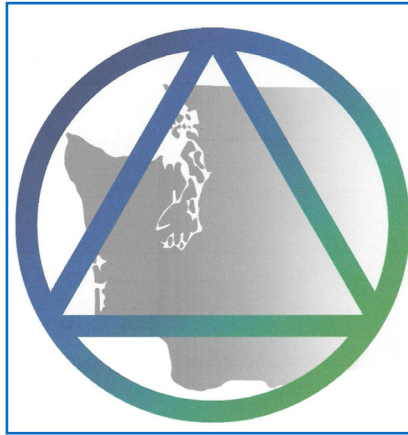
District 29

May 2026

~Action Log~

Newsletter

Editor's Note: Happy Spring!!!
 Tradition 5 reminds me of a discussion on how to spot the still suffering alcoholic, if they enter your meeting. Sometimes you make most of your meetings so you know when someone's new to your group. Our group made a service position, New Member Liaison, someone would introduce them self to the new member and see if they could call before the next meeting. Hoping to make a connection and that they might feel welcomed. Even sober we can suffer, know that you don't have to do any of this alone.



DEADLINE FOR REPORTS, EVENT FLYERS, ARTICLES OR JUST ADDONS IS THE

4th of every month.

Email them to:

d29actionlog@pugetsoundaa.org

In your report please add day of the week, time and full location address of your meeting, so we can share the message.

Tradition 5:

“Each group has but one primary purpose - to carry message to the alcoholic who still suffers.”

“The Action District”

Reminder of Upcoming Events:

More Info on Page:

May 12th	District 29 Monthly Business Meeting	15
May 30th	Delegate Report Back North Districts Hybrid	19
Jun 2nd	Event planning meeting	15
Jun 13th	Area 72 GV, La Vina, & Lit Quarterly	21
Jun 20th	Area Corrections Quarterly	
Jun 20th	Delegate Report Back (Peninsula Districts)	23
Jun 21st	Delegate Report Back (District 25)	23
Jun 26th	Pacific Northwest Conference	24
Jul 11th	District 29 Family Picnic	26

All event information can be found by going to **area72aa.org** go to Events then click on calendar date. Some information printed on above page #.

7TH TRADITION CONTRIBUTIONS

In keeping with AA's 7th Tradition of self-support, we accept contributions only from AA members.

***When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.**

DISTRICT 29:

Mailing Address:

Alcoholics Anonymous – District 29
PO Box 1439
Puyallup, WA 98371

*Make checks payable to Alcoholics Anonymous – District 29

AREA 72:

Mailing Address:

Western Washington Area 72
1901 Cornwall Avenue #745
Bellingham, WA 98225

*Make checks payable to Western Washington Area 72

Online contributions: <https://area72aa.org>

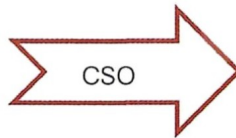
CENTRAL SERVICE OFFICE:

In person Contributions or Mailing Address:

Puget Sound AA
3640 S Cedar Street, Suite S
Tacoma, WA 98409

*Make checks payable to Puget Sound AA

Online contributions: www.pugetsoundaa.org/contribute



*Wondering how to contribute?
What is a prudent reserve?
How to pass a "virtual" basket?*

Check out the AA pamphlet "Where Money and Spirituality Mix"

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.

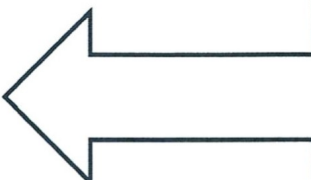
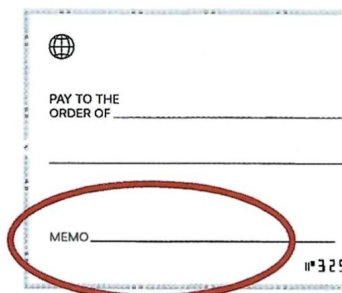
GENERAL SERVICE OFFICE:

7TH Tradition Contributions Mailing Address:

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

*Make checks payable to the General Service Board

Online contributions: <https://contribution.aa.org>



MAKE SURE YOUR CONTRIBUTIONS COUNT!
DON'T FORGET TO INCLUDE YOUR GROUP NUMBER OR,
IF IT'S AN INDIVIDUAL CONTRIBUTION, NOTE THAT YOU ARE A MEMBER OF AA.

TRUSTED SERVANTS

DCM: Fred J dcm29@area72aa.org
Alt: Amanda M altdcm29@area72aa.org
Secretary: Sara M dist29secretary@area72aa.org
Alt: Open
Treasurer: Dan C dist29treasurer@area72aa.org
Alt: Ryan W
Accessibility: Ty S dist29accessibility@area72aa.org
Alt: Open
Archives: Deborah M dist29archives@area72aa.org
Alt: Open
Corrections: Open dist29corrections@area72aa.org
Alt: Open
CPC: Open dist29cpc@area72aa.org
Alt: Open
CSO Director 1: David D d29csodir1@pugetsoundaa.org
CSO Director 2: Open d29csodir2@pugetsoundaa.org
Grapevine/Lit: Cheryl A dist29gvlit@area72aa.org
Alt: Open
Newsletter: Grace C d29actionlog@pugetsoundaa.org
Alt: Mary N
PI: DeeDee dist29pi@area72aa.org
Alt: George N
Registrar: Brittany U dist29registrar@area72aa.org
Third Legacy: Alana W dist29thirdleg@area72aa.org
Alt: Carol J
Treatment: Greg E dist29treatment@area72aa.org
Alt: Jose Q
12 Step: Jake F
Facilities Liaison: Steve B

DCM = District Committee Member
 CPC = Cooperation with Professional Community
 PI = Public Information
 GSR = Group Service Representative
 CSO = Central Service Office

Elected WW Area 72 Trusted Servants of Panel 75

DELEGATE: Courtney S delegate@area72aa.org
ALT DELEGATE: Lupita YM altdelegate@area72aa.org
CHAIRPERSON: Derek S chair@area72aa.org
ALT CHAIRPERSON: Lisa S altchair@area72aa.org
TREASURER: Theresa P treasurer@area72aa.org
ALT TREASURER: Eddy MM alltreasurer@area72aa.org

District 29 Groups

Above Ground.....Gary S
 Alt. Emillie M
 Back To Basics.....Rex J
 Eatonville
 Eatonville Women's.. Christina P
 Alt. Diana P
 Elbe Friday Nighters
 FIR.....Bruce K
 Alt. Kevin O
 Firgrove.....Laurie S
 Alt. Andy F
 Graham Women's.....Mary N
 Alt. Michelle L
 Hang In There.....Mike A
 Alt. Fred D
 Keep It Simple Sumner...Chris L
 Alt. Don S
 Living Free.....Ryan W
 Alt. Clint D
 Loft.....Sophia N
 Alt. Annie M
 Meeker.....Misty M
 Alt. Maria H
 Ohop.....Chelsea P
 Alt. Sierra S
 On Track Again.....Beatriz C
 Alt. Holly C
 Orting Fireside.....Joshua D
 Alt. Jill N
 Orting Hole In The Donut...Jill N
 Alt. Ethan W
 Out to Lunch Bunch
 Puyallup Men's Stag.....Shaun R
 Alt. Bret L
 Puyallup Service Group..Bryce J
 Alt. Jasmine P
 Seeking Our Solution...Rachel K
 Alt. Jeff J
 Sober Sisters of Sumner....Pam N
 Solution Is The Journey....John P
 Trudging The Road.....Alan O
 Trusted Servants.....Janeah O
 Alt. Laura S
 Women On Tapps.....Tracie L
 Alt. Janice M

Trusted Servants Monthly Reports

DCM: Fred J

[Report on Page 6](#)

dcm29@area72aa.org

Alt: Amanda M

[Report on Page 6](#)

altdcm29@area72aa.org

Secretary: Sara M

dist29secretary@area72aa.org

Alt:

Treasurer: Dan C

dist29treasurer@area72aa.org

Alt: Ryan W

[Report on page 5](#)

Accessibility: Ty S

dist29accessibility@area72aa.org

Alt:

Archives: Deborah M

dist29archives@area72aa.org

Alt:

[Report on page 17](#)

Corrections:

dist29corrections@area72aa.org

Alt:

CPC:

dist29cpc@area72aa.org

Alt:

CSO Director 1: David D

d29csodir1@pugetsoundaa.org

CSO Director 2:

d29csodir2@pugetsoundaa.org

Grapevine/Lit: Cheryl A

dist29gvlit@area72aa.org

Alt:

PI: DeeDee B

[Report on page 18](#)

dist29pi@area72aa.org

Alt: George N

Registrar: Brittany U

dist29registrar@area72aa.org

Third Legacy: Alana W

dist29thirdleg@area72aa.org

Alt: Carol J

[Report on page 17](#)

Treatment: Greg E

dist29treatment@area72aa.org

Alt: Jose Q

Newsletter: Grace C

d29actionlog@pugetsoundaa.org

Hello to All in District 29, May Flowers!

What a humbling experience. April 30th in my area the power and internet went out from 2:30pm to 4:30am. The whole time not knowing when it would come back on. The humbling part was realizing all the things we depend on. It interrupted a busy schedule in our household. Patience was practice, along with knowing there's many things we don't control. Total black out is really dark. Bonus the full moon could radiate and light the path (with no city light around.)

Thank you for allowing me to share and be of service, Grace C

Alt: Mary N

Thank you all for your gift of patience and support as I learn (slowly) the task of putting together this Action Log. It is such important service work...and I am so grateful for this opportunity. I learn something every single day, make mistakes, and feel VERY human at times! As always, thank you for your patience, and for allowing me to be of service. - Mary N

12 Step: Jake F

Facilities Liaison: Steve B [Report on page 18](#)

Responsibility Statement

**I am responsible, when anyone, anywhere reaches out for help,
I want the hand of AA always to be there, and for that:
I am responsible.**

District 29 Treasurer's Report April 2026

Groups	Donations											
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Above Ground	\$ 45.00	\$ 52.00	\$ 40.00	\$ 40.00								
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00								
Eatonville Group	\$75.00											
Eatonville Womans Group												
Elbe Friday Niters												
FIR (Fellowship In Recovery)		\$700.00										
Firgrove Group		\$480.00										
Graham Womans Group		\$50.00										
Hang in There (HIT)												
Hole in the Donut			\$50.00									
Keep it Simple Summer (KIS)												
Living Free												
Loft Group		\$366.00	\$33.00	\$33.00								
Meeker Fellowship												
OHOP Nuts and Bolts	\$176.70											
On Track Again												
Orting Fireside												
Out to Lunch Bunch												
Puyallup Men's Stag												
Puyallup Service Group												
Seeking Our Solution (SOS)												
Sober Sisters of Summer	\$215.00											
Solution is the Journey												
Trusted Servants	\$ 100.00		\$100.00	\$50.00								
Women on Tapps			\$100.00									
District 29 7th Tradition	\$ 66.00	\$100.00	\$42.00	\$100.00								
Income Special Events												
corrections pink can												
Total income this month	\$ 717.70	\$1,788.00	\$405.00	\$263.00								
EXPENSES												
DCM												
Alt DCM			\$42.00									
Secretary												
Treasurer		\$15.60										
Newsletter												
Accessibility												
Archives	\$418.41	\$108.36		\$133.98								
Third Legacy												
Corrections												
C.P.C		\$51.80										
Pub. Info		\$50.48										
Registrar												
Treatment												
12 Step												
Facility Liason	\$ 36.42											
Annual Donation CSO 60%	\$ 6956.54											
Annual Donation WWA 30%		\$3,478.27										
Annual Donation GSO 10%	\$ 1159.42											
CSO Phones/zoom	\$ 76.03	\$76.03	\$ 76.03	\$ 76.03								
Meeting Room Rent	\$200.00	\$200.00	\$200.00	\$ 200.00								
Post Office Box				\$ 216.00								
Storage Rent	\$ 147.00	\$147.00	\$ 147.00	\$ 147.00								
Total expenses	\$ 8,993.82	\$ 4127.54	\$ 465.03	\$ 773.01								
NET Monthly Balance	\$ 8,276.12	\$ 2,389.54	\$ 60.03	\$ 510.01								
Beginning Bank Balance	\$28,696.23	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54								
Ending Bank Bal.	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54	\$ 17,510.53								
Operating balance	\$1,570.34	\$ 2,709.07	\$2,649.04	\$2,139.03								
PRUDENT RES. **	\$3,451.50	\$3,451.50	\$ 3,451.50	\$ 3,451.50								
Special Events Begin Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00								
Picnic Income												
Picnic Balance	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00								
Gratitude Banquet Exp												
Gratitude Banquet Income												
Gratitude Banquet Balance	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00								
Special Events End Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00								

DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

DCM

Greetings from your DCM,

I hope that everyone is enjoying the spring weather. I had a nice trip back to St. Louis to visit my kids. I can't remember the last time we were all together. I was impressed how everybody had fun and got along, not necessarily the case before I got sober. The General Service Conference will wrap up this week. It sounds like Courtney has been busy. I have been forwarding her reports out so that you can get a sense of what is going on. We are starting to plan for the District 29's Summer Family picnic! Unfortunately, this will be held on the same weekend as the July Quarterly in Elma, so I won't be able to attend.

In Service,

Fred Johnstone
District 29 DCM
d29dcm@area72aa.org
(253) 229-7435

Please note our change in Zoom information, for District 29 Business meetings held every 2nd Tuesday of the month. All AA members are welcome to join us. Zoom ID: <u>882 6118 3379</u> Passcode: <u>983646</u>

Alt DCM

See page 15 for items needed or that you can bring !!!

Happy May,

- I enjoyed our April Quarterly held in Des Moines on April 11th and learned so much.
- I've enjoyed getting together for our second Special Event planning meeting so far, come join us prep for the Annual District 29 Picnic, July 11th. And soon we will plan for the Banquet in November. Planning is moving forward, but would love your help on a few things. To the right is a list of service positions in need of filling for the picnic on July 11th, 2026. Your GSRs will have sign up sheets for this event. And our next meeting will be held on Tuesday June 2nd, 2026. Place: 432 Wood Ave, Sumner at 6:30pm. Anyone can join us.
- On page 15 if you have any of these items(listed in the red box) please bring them with you to the picnic. Not going we can make arrangements.
- And the 'Kids Hay Coin' containers for the each group have been distributed. GSRs bring in what's collected so far to District meeting. And continue gather coins for the kids. We will have you return containers before the picnic they will double as raffle ticket holders.
- And if you have any questions, please come up and say "Hi."

Amanda M
District 29 Alt DCM
altdcm29@area72aa.org

Event: District 29 Family Picnic July 11th, 2026 at Frontier Park in Graham. These volunteer service positions are open and need filled:

Cooks: 2 or 3 are still needed if you have your own grill and can bring it, cook Hamburgers and Hot dogs (provided.)

Kitchen help: is prepping like onions, tomatoes, lettuce and cheese. Keeping food area in order, set up and clean up.

Set up and Clean up: being available for both or either of these is very important.

Raffle: Variety of things like Set up first, keep list of group raffled items, sell tickets, drawings and clean up.

Kids events: Coordinating timed events.

Activities: Coordinating events all can join.

***Flyer on page 26**

GROUP SERVICE REPRESENTATIVE GSR REPORTS

ABOVE GROUND*

The Above Ground Group has meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows to let in the natural light of day. Spring is upon us and what better way to spend an hour and a quarter than with good friends, hot coffee, and donuts? The church provides us with an extra room that we use for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are held at:

**SUMNER FIRST CHRISTIAN CHURCH
432 WOOD AVE
SUMNER, WA 98390**

On the last Friday of the month, we provide the cake and celebrate the sobriety of our friends. In **APRIL** we celebrated with: **STEVE H 24 HOURS, TRAVIS H 24 HOURS, CHARLES R 2 MONTHS, SUSAN S 19 YEARS, SHELLY S 21 YEARS, BOB R 37 YEARS, CATHEY F 45 YEARS**

*We want to thank the church for allowing us to continue using this space the last 3+ years. We have been happy here. Thank you Gary S for bringing the cake this month!

BACK TO BASICS*

*Hello!
Back to Basics group meets every Tuesday 7:00 p.m. at Mountain View Lutheran Church 3505 122nd Ave E, Edgewood. In the white chapel basement. We have a home group speaker share every third Tuesday of the month. First 3 Tuesdays of the month are closed meetings. Birthday nights are open meeting on the last Tuesday and we have treats to share. We hope to see you there!*

April 2026 Birthdays:

Nick T - 2 months, Michael - 37 years, Delia - 51 years,

EATONVILLE

We are still here in the hills! Eatonville has 2 meetings a week, Wednesday at 12:00 noon and Saturday at 9:00 am. At **American Legion Hall**, 123 Rainier Ave N, Eatonville, WA 98328

EATONVILLE WOMEN'S

New meeting flyer on Page 22

**Tanwax Country Chapel
36417 Mountain Highway East
Eatonville, WA 98328
We meet in the Education Building next to the church. Look for the room with the AA sign hanging on the doorknob.**

**Weekly Meeting Format:
1st Saturday ~ Steps
2nd Saturday ~ AA Topic
3rd Saturday ~ Traditions
4th Saturday ~ AA Topic**

Hello from the Eatonville Women's Group! We are a new meeting where we explore and study the AA Steps and Traditions, as well as diving into the Big Book for discussion topics to support our journey together. Join us on **Saturdays at 10:00 a.m.**—birthdays on the 2nd Saturday, business on the last. Come check out this new space for women's recovery!

ELBE FRIDAY NIGHTERS

Greetings from greater virtual downtown Elbe!

Our meetings are on Zoom only and we meet every Friday evening at 7:00 pm. Take a virtual trip up to the Mountain and visit us.

We changed our Zoom account for the meeting as of March 6, 2026, there will be new credentials (listed here) or you can also find it at ElbeAA.org:

Congratulation to All Birthdays this month.

Join Zoom meeting
Meeting ID: 853 5480 6608
Passcode: 755075

FIR*

The ***Fellowship In Recovery*** Group is settled in this location at Light of the Hill, **United Methodist Church, 11304 136th St E, Puyallup, WA 98374** at 7 pm on Tuesday evenings and 8 am Saturday mornings. Our Birthday meetings are the last Tuesdays of the month and we have both AA and AI anon speakers. Most meetings begin with a short reading from the the Big Book, except on the first Tuesday of the month when we study Traditions in the 12 & 12. And the first Saturday is Step study also from 12 & 12. ***Families In Recovery***- moved with us. Tuesdays also includes a concurrent meeting of ***Families In Recovery*** AI anon Family Group. Our meetings are open meetings. We look forward to seeing you!

April 2026 Birthdays for the F.I.R. group:

2 months Mark
3 months Danielle
3 months Joseph

4 months David S
8 months Lance W
18 months Kyle L

9 years Ty
A 1 month person's name was missed and apologize. Thank you to AI anon speaker Mary Jo M, and AA speaker was Casey.

FIRGROVE*

Greeting from Firgrove.

I want to extend a thank you to all the new faces and to all the familiar ones we haven't seen for a while who have visited Firgrove as of late. As always, we extend a personal invitation to come and join us Mondays and Fridays at 8:00pm. There is plenty of seating and all are welcome.

Birthdays for April

Josie	24 hours	RJ	7 months	Sarah	10 years
Charlie	30 days	Mike	10 months	Keith	12 years
Andy	30 days	Kyle	18 months	Shelly	21 years
Nate	2 months	Dave H	4 years	Kathy	22 years
Joseph	3 months	Jan	9 years		

Our Guest Speaker was Carol P. From POAA in Port Orchard. What a great Speaker!! Thank you so much for sharing your Experience, Strength, and Hope and to the large following that came to support you.

As always our personal Cake Baker killed it and thank you to all who set up and cleaned up!

Until next month..... In service Tim T.

Pilgrim Lutheran Church
10510 136th St E
Puyallup, WA 98374

Newcomers are always welcome. We meet Mondays (closed) meeting Alcoholics only 8pm-9pm
Fridays (open) meeting 8pm-9:15pm
Business meeting 3rd Monday of the month at 6:30pm.
Followed with a Traditions meeting at 8pm-9pm
Birthday speaker meeting the last Friday of the month 8pm-9:30pm.
With speaker, coins and cake.

GRAHAM WOMEN'S GROUP*

We welcome all women to join us and share their experience, strength and hope.

Graham Women's Group meets on Saturdays from 9am to 10:15am at:

Lutheran Church of St Paul
22419 108th Ave E
Graham WA 98338

We are a hybrid meeting:
Zoom ID: 428 9538 662
Password: 036816

Birthdays are celebrated the last Saturday of each month. We love celebrating recovery birthdays, please come join us.

April Birthdays:

Ariel - 2 months, Susan - 6 months, Michelle H - 6 months, Bev - 44 years

Business meetings are held on the 1st Saturday each month immediately after our regular meeting.

Thank you to everyone who joined us for our Spiritual Breakfast last month. It was wonderful to see so many faces, old and new. And a special thank you to Joan H who shared her incredible and inspirational story with us.

HANG IN THERE

Hang In There (HIT) Group Report

April 2026

We welcome everyone to our group! This is a kid and dog friendly meeting.

Our meetings on Zoom are held **Monday – Saturday, 11 am-12:15 pm**

Meeting ID: 870 333 8446 (New zoom ID) Password: 201999

***We no longer provide verification letters of meeting attendance on Zoom.**

We meet **in-person Monday – Saturday, 11 am-12:15pm**

At Christ Community Baptist Church – portable classroom #3

Address: 8016 176th St E, Puyallup, WA 98375

Meeting opens at 10:30 am for fellowship.

Upcoming Events:

Business Meeting will be held on Friday, 05/29/26 immediately after our birthday meeting.

Birthday Meeting will be held on Friday, 05/29/26 during our regular meeting hours.

Join us for cupcakes, ice cream and a speaker!

KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner Wednesday 7pm

Open meeting Wednesday 7 - 8pm. Birthday night is the last Wednesday of the month.

Our business meeting is the 2nd Wednesday of the month after the regular meeting.

LIVING FREE*

The Living Free Group is located in Puyallup at the corner of 5th and Pioneer at the Presbyterian Church, 412 West Pioneer Ave, every Sunday at 6:30 pm. This is an open meeting and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6: 00 pm. Our Home Group speakers for the month of April was Mike D, who shared his Experience, Strength and Hope with all who were there.

April Birthdays:

5 Months	Jacob	21 Years	Shelly S
7 Months	Brent	37 Years	Michael M
7 Months	Joel		

Hope to see all of you soon at Living Free!!!

Kevin C.

LOFT*

Check out: [Loft's two Activities flyers on page 22](#)

Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

Open Meetings:

Daily Meetings: Noon 6pm & 8pm

Friday, Saturday at 10 pm and
Sunday- Thursday at 9:30pm
Saturday and Sunday at 9 am

In-Person Women's Meetings:

Wed & Sun ~ 6pm

In-Person Men's Meeting:

Sunday at 8pm

In-Person LGBTQ+ Meeting:

Sunday at 4pm

Zoom Women's Meetings:

Wed & Sun ~ 6pm

ID: 862 7295 5592

Password: 035163

At the Loft we love to have fun! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chairpeople and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on May 21st at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

Happy April Birthdays

Thank you to our Birthday Speakers:

EJ and Susie M

Diana	1 month	Carly	4 months	Anais S	1 year
Jason	1 month	Arnoldo	4 months	Andy L	1 year
Karland	2 months	Matt A	5 months	Brandon K	1 year
Seven	2 months	Tyler C	6 months	Robert H	1 year
Kaylin K	2 months	Hilary	7 months	EJ S	2 years
Monte K	2 months	Karissa W	7 months	Stephanie H	3 years
Monte F	2 months	Micheline P	8 months	Keith R	7 years
Bertram	2 months	Erin P	9 months	Janet A	15 years
Devyn T	2 months	Tanya M	11 months	Randall	15 years
Ali	2 months	Brandi W	11 months	Jeff M	35 years

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

MEEKER FELLOWSHIP*

April 2026 Birthday celebrations:

24 hours: Brian S,	1 year: Christina D
24 hours: George E,	1 year: Jaysom S
24 hours: Skye M,	2 years: Cody H
24 hours: Corey F,	4 years: Brie C
24 hours: Jessica	5 years: Julie M
1 month: Kimberly M	5 years: Shayne B
2 months: Alex R	7 years: Keith R
3 months: Jared A	7 years: Courtney G
4 months: Arnaldo A	10 years: Steve C
5 months: Ellie A,	12 years: Kyle U
5 months: Drew B	13 years: Aaron W
6 months: Cary K	24 years: Tina W
9 months: Claire V	32 years: Aaron L
9 months: Jen A	38 years: Karen E

Check the board at Meeker Fellowship for when 'Activities Club' will meet next and come join us and get involved with your ideas for sober fun events. Like heading to an Elbe Train/ Spiritual Breakfast meeting - June 14th - 9am breakfast- Train ride 11am (34.00). See an Activities Club member for more information. We have Meeker Fellowship black embroidered T-Shirts \$ 20.00. See Maria or Luke to purchase.

*** Meeker Annual Campout is scheduled for August 7, 8, & 9 Camp Lakeview Flyer is on page 25**

Women's Camp Out in Naches
July 24th & 25th See Patty for details.

New Year's Eve Potluck & Dance 12-31-2026 Puyallup Elks Lodge Later will be more info.

OHOP NUTS AND BOLTS*

Ohop Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387. We meet 7 days a week at 7pm. Monday is book study night. On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only). With Open (all welcome) on Thursday, Saturday and Sundays. Our business meeting is on Saturday *after* the second Tuesday each month at 5pm. Our birthday night is the last Saturday each month at 7pm. We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.
Ohop April Birthdays: Aly B - 4months, Ryan- 4 months, Robert A - 4 months, Emily H - 8 months, David S - 10 months, Tiffany 1 year, Matt J - 2 years, Ben C - 11 years, John J - 16 years

ON TRACK AGAIN*

****WE HAVE MOVED****

Our group meets at Elbe Church Annex, 54206 Mountain Highway East, Elbe, WA 98330. This is the small building located east of the Elbe Church. We meet every Wednesday night at 6:00 pm for an open, discussion meeting. Our business meeting is held once a month, on the last Wednesday of the month, following the regular meeting. We welcome all to check out our new location and join us as we share our experiences, strength, and hope. IMPORTANT ANNOUNCEMENT: On Track Again Group is no longer hosting the once a month, Sunday Spiritual Breakfast Speaker meeting.
April Birthdays: Bobby 2 years, Dom D 5 years, Holly C 15 years

Meeker Fellowship

meets at

Puyallup Elks Lodge
314 27th St NE
Puyallup, WA 98372

Entrance door to the left,
Do not enter the main door.

Meeting times:

Mon-Sun	9am, 12pm, 5:30pm, *8pm
Wed	6am New meeting added
Sat & Sun	6am
Sat	9am Women's meeting
Sun	9am Men's meeting

*** The 8pm meetings would love and needs your support and fellowship. Please come join us if you can.**

*** Saturday May 30th, 2026 ***

Birthday Potluck Starts at 5pm, with May Theme: BBQ Speaker Meeting at 6pm, Coin/Cake 7pm. Bring a dish and join the Fellowship.

Join us for a Mariner Baseball Game on June 29th 6:40 start. Come to a meeting and sign up - 16.00 covers admittance only.

ORTING FIRESIDE*

Greetings from Orting Fireside Group!

One day at a Time!

Our meetings are on Mondays and Thursdays 6:30-7:30 pm. We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360. We celebrate sobriety birthdays on the last Thursday of the month at 6:30 pm. Join us for pie, hot coffee, coins and a speaker. Thanks to Gary T our April speaker, for sharing your story.

April Birthdays: Sam -1 month, Blair - 7 months, Glen C - 26 years, Erin B -35 years

ORTING HOLE IN THE DONUT*

We welcome you to come visit Orting Hole In the Donut! We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360 on Sundays at 11:00 am. We have a Big Book Study on the 1st Sunday each month. We celebrate birthdays on the last Sunday of the month. We always have hot coffee, coins and fresh donuts. Come join us! In **April** we celebrated birthdays with:

Mark Z - 2 month, Michelle H - 6 months, Luca S - 6 months, Eric K 1 year, Jill N - 2 years, Steve C 10 years, Shelly S 21 years, Glen C 26 years Happy Birthday to our Friends! Our group is getting bigger we have new and older sobriety. Please come join us and thank you!

OUT TO LUNCH BUNCH*

Out to Lunch Bunch is the winner of the first ever 'Most Interest' Award at District 29 Gratitude Banquet 2025

The Out to Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet at noon each Tuesday, Thursday, and Saturday. Our Tuesday meeting is a book study. We are now reading the book 'Living Sober.' We are now looking forward to the warmer months and the day we turn off the heater for another season. *The church has provided us with an extra room that is good for private one-on-one talks.* We are located at:

Sumner First Christian Church

432 Wood Ave.

Sumner, WA 98390

The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of treat. All we ask of you is to bring your experience, strength, and hope.

In April we celebrated with: Jim D 1 year, Erin B 35 years

...and a roomful of people with another 24 hours. Thank you Tom F for bringing a delicious cake, and Janet and Mike for bringing wonderful donuts.

PUYALLUP MEN'S STAG*

Puyallup Men's Stag group meets on Thursday nights 7:00pm at Peace Lutheran Church, 214 Pioneer Way E, Puyallup, WA. On behalf of District 29, we would like to formally acknowledge Puyallup Men's Stag Group and positive momentum of the meeting. The increasing participation and engagement reflect the strength of the fellowship and the commitment of its members to recovery and service.

We would also like to recognize the following **April 2026** sobriety milestones, which represent meaningful achievements and inspiration to others: **John - 5 months, Steve - 5 months,**

RJ - 7 months, Scotty B - 9 months, David - 9 months, Andy - 9 months, Mike 10 months, Kenny - 2 years, Keith - 12 years

In addition, we extend our appreciation to Darin B from Flimsy Reed for delivering an impactful and well received message.

For all interested, we have a phone commitment at the CSO every 4th Tuesday from 6pm-9pm!

Thank you for your continued dedication to Alcoholics Anonymous and for fostering a supportive and growing recovery community,

Respectfully,

Scotty B

District 29 Member of Puyallup Men's Stag Service

PUYALLUP SERVICE GROUP

*Hello we are Puyallup Service Group
We meet Wednesday and Saturdays at 8-9pm.
Our business meeting is the 3rd Saturday of every month.
Our birthday night is the last Saturday of every month.
Our phone commitment is the 4th Friday of every month
at the CSO from 6-9pm, all are welcome to join.*

*We meet at Celebration Lutheran Church
2500 Shaw Road East
Puyallup, WA 98371*

SEEKING OUR SOLUTION*

Winner of the group Award at the 2025 District 29 Picnic for the Best Decorated Basket

Seeking Our Solutions (SOS) meets every Saturday at 8:00 AM at the First Presbyterian Church of Puyallup (412 W Pioneer Ave). This is an open meeting, and families with children are welcome. On the second Saturday of each month, we read from The Grapevine. On the last Saturday of each month, we host a breakfast potluck to celebrate recovery milestones. Bring a dish and come hungry! Our business meetings happen quarterly on the third Saturday. Homegroup membership are encouraged to attend.

In April, we proudly celebrated:

Blanche W. 6 months
Lionel G. 7 months
Katie L. 22 years

Keep coming back!!

SOBER SISTERS OF SUMNER*

S.S.S is an open women's meeting that is child friendly. We meet every Wednesday from 12:30pm to 1:30pm. We have been there so we'll be here for you. Let's grow together. We are a fun group and understand the seriousness of getting and staying sober.

LOCATION:

Sumner First Christian Church
432 Wood Ave
Sumner, WA 98390

Celebrating Birthdays for April 2026:

Jessica 30 days
Taijana M 30 days
Linda 8 months
Pam N 10 months

Our business meetings are on the 3rd Wednesday of the month, right after regular meeting. We celebrate sober birthday on the last Wednesday of the month with coins, sweets, and lots of joy. We welcome all.

SOLUTION IS THE JOURNEY

We are going strong and open 5 days a week Monday thru Friday from 12 to 1. We celebrate birthdays on the last Friday of the month. And our business meeting is held on the second Tuesday following the regular meeting. We meet at:
Graham Church of Christ - 9524 224th Street East, Graham, WA 98338

TRUDGING THE ROAD
First Presbyterian Church
412 W Pioneer Ave.
Puyallup, WA 98371

Group introduction flyer on page 22.
Every Thursday at 6 pm.
This meeting has concurrent AA, Ala-anon and Ala-teen meetings,
the whole family can have a meeting.

TRUSTED SERVANTS*

Hello from Trusted Servants!

Come one come all, please come join us each Monday at 7PM at Faith Covenant Church, 1915 Washington St, Sumner. Whether you're new or have been around awhile, we'd love to see you there! Our business meeting takes place on the 3rd Monday of each month at 6PM. Trusted Servants is a place for anyone seeking sobriety, connection, and support, we truly have room for everyone. Come be a part of our community and consider making Trusted Servants your home group.

We celebrate birthdays on the last Monday of each month. The potluck starts at 6:15PM, followed by Birthday chips and an open meeting at 7PM.

April Birthdays

- | | | |
|--------------------|-------------------|------------------|
| • 5 Months - Matt | 10 Months - Chip | 1 Year - Jerry |
| • 6 Months - Kerry | 1 Year - Kristina | 35 Years - Erin |
| • 9 Months - Erin | 1 Year - Jason | 51 Years - Delia |

Happy Birthday to all who celebrated, we love sharing that time with you and hope you hear something that makes you want to come see us again!

Monday nights, the door is always open, and the coffee is always on!

~Trusted Servants~

WOMEN ON TAPPS*

Lake Tapps Community Church
17017 Forest Canyon Road East
Lake Tapps, WA 98391

Our group's rotating schedule is:

- **1st Monday of the month is Big Book study**
- **2nd Monday is Step study**
- **3rd Monday is Tradition 12 & 12 study**
- **Last Monday is Birthday/speaker meeting**

WOT is an open Women's meeting on Monday nights 7 pm to 8:15 pm. We have an attended child area, for mothers that need a meeting. We enjoy the increasing number women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other. We would like to thank our birthday night speaker Angel P. Her amazing story you could hear the progressiveness and how well she has done with her experience, strength and hope.

Birthdays Celebrated in April 2026:

Louise R	6 months	Amanda K	18 months	Diane	7 years
Pam N	10 months	Lauren R	2 years		

GSR EVENTS

GSRs: If you don't have an Alt, now is a great time and bring them to all events. This helps them prepare for their rotation. Next up, after our Delegate Courtney S returns attend a "Delegate Report Back" to find out the outcome.

**All District meetings are the
Second Tuesday of every month
Next ones June 9th & July 14th**

**In Person at:
Sumner First Christian Church
432 Wood Ave, Sumner, WA 98390
Or:
Zoom ID: 882 6118 3379
Passcode: 983646**

Scheduled Committee Meetings:
(only the District meeting is on Zoom)

**2nd Tuesday May 12th at 6:30 pm
*District 29 Monthly Meeting and on Zoom***

**3rd Tuesday May 19th at 6:30 pm
*District 29 Treatment Committee***

**4th Tuesday May 26th at 5:30 pm
*District 29 PI meeting***

**1st Tuesday June 2nd at 6:30 pm
*Event planning meeting - Picnic***

**2nd Tuesday June 9th at 6:30 pm
*District 29 Monthly meeting & on Zoom***

GSRs encourage your group to

- Donate a Raffle basket for the District 29 Annual Family Picnic. All funds raised help us have a picnic next years. Individual raffle donations are also welcome. Groups that donate a basket or large item are eligible for the picnic plaque awarded every year to the group that receives the most tickets for their item.
- Others ways to help is drop loose pocket change into the designated coin can for Kid's Hay Drive event and activities happening.
- Or volunteer the day of the event, several service positions open. If you would like to help or have questions please send a text to Grace 253-347-8867 Picnic flyer on page 26.
Next picnic planning meeting June 2nd, 6:30pm

GSRs - Let everyone know if you have these items Please bring with you to the picnic. Share for the day! Large cooler, 8 foot folding table, Canopies. Other things to remember: Potluck bring a side dish or dessert, towel for the kiddos there might a sprinkler on. Bring a chair for yourself. Activities committee is asking for you to bring for a fun day. 5 gal bucket and large sponges, hula hoops, cones (traffic), soccer ball and soccer net. Please help Pam by Volunteering!!! Provided by D29 are Hot dogs, Hamburgers (and the fixins) plus coffee soda, and water. Want a chance to win a raffle items or 50/50 bring cash! "I am looking forward to all the fun!"

GSR Preamble

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.

We realize the ultimate authority is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

GSRs or District members invite a group member to visit a District meeting. Trusted Servants are needed, this is a current list of open positions. Trusted Servants will be encouraged to attend the monthly District 29 meeting, submit a monthly report to the Action Log newsletter, and attend Committee Quarterlies. If any of these positions interest you, or you would like to know more please contact DCM Fred J via email dcm29@area72aa.org or (253) 229-7435. **Blue lettering** means only Alternate is needed.

Secretary Alt: The Secretary is responsible for maintaining a record of District business and activities for the GSRs and other committee members.

Corrections Chair And Alt: This position consists of any project reaching out to the alcoholics in prison, jail or other correctional facilities, writing alcoholics in prison, or helping the AA who is being released from prison to get to a meeting on the outside. Attends the Corrections Committee meeting, the District 29 monthly business meeting and the Correction Quarterlies.

CSO Director 2: District 29 has two representatives at the Central Service Office serving on the board of directors. The two members are required to attend the monthly meeting of the CSO Committee and the monthly District 29 meetings. Works with other Reps from Districts 43, 44, 45, 54, 9 and other committees.

Archives Chair Alt: Archivist is responsible for maintaining records of all the districts business, motions, activities changes that have been handed down since the district started. The Archivist also assists members needing to research something in our history. And attends the Archives Quarterlies to learn how to preserve our history. Archivist can take a traveling display to groups, group or district functions as invited. They may create a committee to assist in organizing and preserving the records.

Grapevine / Literature Chair Alt: The A Grapevine and Literature representative helps groups and GSRs with subscriptions/information on the AA Grapevine. Also keeps the groups up-to-date on new or featured materials published by the AA Grapevine and AA World Services. Attends District 29 monthly business meetings and Grapevine Literature Quarterlies.

Cooperation with Professional Community (CPC) Chair and Alt: Seeks to explain what AA is and is not to professionals who may encounter alcoholics. Typically, CPC carries information to doctors, nurses, dentists, clergy, lawyers, treatment facility counselors, police, judges, corporate employee assistance professionals, business managers and Union leaders. Attends District 29 business meeting and CPC Quarterlies.

Facilities Liaison Alt: Responsible for setting up for monthly District 29 Business meeting as well as putting away when meeting ends. Makes coffee and is the Liaison between the facility and the District group.

Accessibilities Alt: Provides AA message to those who would otherwise not have access. Attends monthly District 29 Business meetings, Accessibility Committee meeting and Accessibility Quarterlies.

12 Step Service Committee (TSSC) Alt: (This is a Sub-Committee of the CSO in Pierce County): And maintains 12 Step lists, coordinates home answering service, CSO phone volunteers and 12 step work/commitments. Attends TSSC/ 12 step meetings and District 29 monthly Business meetings.

**Please reach out if you'd like to be of service at the District level by contacting:
DCM Fred J dcm29@area72aa.org or (253) 229-7435**

April 2026 District 29 Third Legacy Report

Hello District 29,

Third Legacy would like to come to your business, birthday or regular meeting. Let us share with you our experience, strength, and hope. Our discussion will be of the AA service structure, AA service work, and a little bit about our journey to service.

District 29 Third Legacy has been invited to share at District 54 Business meeting, our Third Legacy presentation. So that they might develop a similar program. On May 14th, 6pm at St. Aloysius Catholic Church, 211 W. Mason, Buckley WA 98321. Hope to see you all there.

In Service,

Alana W and Carol J

dist29thirdleg@area72aa.org

April 2026 District 29 Archivist Report

We attended the May quarterly and listened to a great speaker. Andy, past Delegate, Corrections correspondence, we can't do money for them.

He shared his service experience since May of 1984. Legally blind and in service. Tradition two why we use our last names. He stated how he believes "Alcoholism is a disease of perception." That 95% of people in service stay sober and all sponsors are temporary. Andy gave us an interesting history of his time in our Area 72, everything we do is a process, process, process, learning how to disagree without being disagreeable.

We create a learning experience; we are here for the next suffering alcoholic. Andy talked of how Bill W took out Hanks story in the first print of the first edition. Cause Hank, drank again. Hank's story is in the book, Experience Strength and Hope. Printed in 2002 the "Unbelievers."

Andy talked of the importance of that 4th column in our 4th step inventory. We revisit our list again and look for our own faults. Big Book Page 67. Andy took it to heart. Concept 9, All sponsors are leaders, we clean up mind, body and spirit. He also stated in our GSR service manual, Bernard Smith what numbers?? What for? It's for the drunk that's going to stumble in here!

Our next Archives quarterly is August 1st. 2026 in Renton. We also will be attending the Archives workshop, September 10th-13th 2026. All are welcome.

Interested in being Alt Archives or Archivist please, make yourself available and email.

In service

Deborah d29 Archivist dist29archives@area72aa.org.

Group life survey. Share your groups story... group life survey.
<https://area72aa.org/archives-group-life-service-survey/>

Thanks in service
Archives District 29
Deborah M.

April 2026 District 29 Public Information (PI) Report

Hello to All,

PI (Public Information) meeting is on the 4th Tuesday of every month at the First Christian Church, 432 Wood Ave, Sumner at 5:30 pm. Please send a member from your group to this meeting to collect information about what D29 PI has been accomplishing and how your group can help carry the message. Individuals are welcome to join also. PI has a panel schedule for local High School. If you want to be part of another amazing group of volunteers panel contact us. Sumner HS has a pending date. We will also have a table with information, at the Job Fair for Veterans at the Puyallup Fair grounds on May 30th, 2026. Come join us and find out how we carry the message.

In Service,

DeeDee PI Chair - dist29pi@area72aa.org

Alt. PI George N (253)377-0453

April 2026 District 29 Facilities Liaison Report

Hello to Everyone,

Description of this Service Position - Facilities Liaison: Responsible for setting up for monthly District 29 Business Meetings as well as putting away when meeting ends. Makes coffee and is the Liaison between the Facilities and the District group. This position is a Key holder and delivers rent.

As of last check the building is structurally sound. The azaleas are blooming, our geraniums are showing the buds of their beautiful flowers, and the rose bush is showing signs of new growth. Spring is here. All are welcome and encouraged to attend our various district committee meetings held on Tuesdays throughout the month. Check here on page 15 for the one you would like to attend or better yet come to them all and get involved in district activities and then share with your group.

Grateful,

Steve B

District 29 Facilities Liaison

Step 5

Admitted to God, to ourselves and another human being the exact nature of our wrongs.

Tradition 5

Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.

Concept 5

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Principle 5

Integrity

For GSRs and others interested: This one has Zoom! Two on page 23 have Zoom!
Let's make sure to welcome Courtney S back from NY.

Area 72 North Districts Delegate Report Back



Date: May 30th 2026 from 10am to 2pm

Potluck: Finger Food, Snacks and Fellowship

Purpose: Our Area 72 Delegate Courtney to give her Report-Back from 2026 General Service Conference in New York

Hosted by Area72 North Districts 2,3,4,11,12,19,24,42,46

Who should attend? GSRs and any interested Members of Alcoholics Anonymous.

Location:

Mt Vernon PUD Building
1415 Freeway Drive
Mt. Vernon, WA 98273



Scan me!

Or Hybrid

Meeting id: 923 9173 3261

Passcode: 256751

Questions? Contact, Shane M. dcm12@area72aa.org

Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER
120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, BC

Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH

Trenton H. - Glendale, CA Christina G. - Brecksville, OH

Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA

Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA

Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change
www.nwoodstockofaa.org



EASY ONLINE REGISTRATION



Pacific Northwest
AA

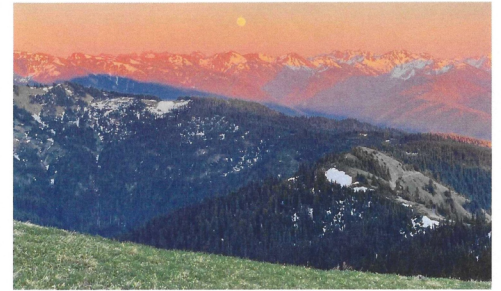
The Olympic Roundup

Our 24th!
May 15-17,
2026

Friday
Registration
Welcome
Ice Cream
Social

Saturday
AI-Anon
Spiritual
Breakfast
Buffet Dinner
Sobriety
Countdown

Sunday
AA
Spiritual
Breakfast



AA Speakers

Jamie K	Port Angeles, WA
Rich N	Federal Way, WA
Shu D	Port Townsend, WA
Crystal J	Tacoma, WA
Dean B	Gig Harbor, WA
Bob T	McCalla, AL

AI-Anon Speaker

Madison M Seattle, WA

Joint AA & AI-Anon Speaker Workshop:
Steve D & Madison M

Register at <https://olympicroundup.org>
Vern Burton Convention Center, 308 E 4th Street, Port Angeles, WA
ALL MEALS MUST BE PURCHASED BY MAY 1ST.



**COME ONE, COME ALL
BRING YOUR TALENT**

OPEN AUDITIONS
FIRST COME • FIRST SERVED
(NO APPOINTMENT NEEDED)

MAY 16 & MAY 17
1:00 PM - 3:00 PM

GREATER SEATTLE INTERGROUP
5507 6TH AVE S
SEATTLE, WA 98108

STEPS IN TIME TALENT SHOW
SINGERS • MUSICIANS • COMEDY • DANCE • SPOKEN WORD • ALL TALENTS WELCOME

DIST54CPC@AREA72AA.ORG
DIST29CPC@AREA72AA.ORG

FIRST RESPONDER CAMPAIGN

LAST MONDAY OF THE MONTH 6:30P

ZOOM ID 815 4694 2591
PW FIRE

FERN HILL'S 73RD ANNIVERSARY POTLUCK AND SPEAKER MEETING

Friday June 19th, 2026
United Lutheran Church
1231 S 76th St Tacoma WA 98408

Burgers and Hot Dogs Provided

Bring Your Favorite Dish

A-H: Salad I-Q: Side Dish R-Z: Dessert
(by First Name)

Food Starts at 6pm, Meeting Starts at 7pm

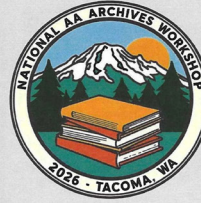
Sobriety Count Down

GUEST SPEAKER:
MARY N. from Serenity Seekers

The 28th National AA Archives Workshop

September 10th - 13th, 2026

"Archiving our past to safeguard our future."



Tacoma, Washington - Area 72
Washington State History Museum
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

For local hotel information and to register online
visit area72aa.org/NAAAW2026



REGISTRATION

Name: _____
Name on Badge: _____
Email: _____
Address: _____
Phone: _____ Area: _____
Service Position: _____
Special Requests: _____

Registration	\$70	_____
Dessert (Fri)	\$20	_____
Banquet (Sat)	\$65	_____
Repository Visit & Museum (Thur)	\$28	_____
Total Enclosed		_____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.
naaaw2026chair@gmail.com

This event will be interpreted for keynote speakers on Thursday, Friday, and Saturday nights.

New CSO Bookstore Hours

Closed Sunday

Closed Monday

Tuesday	10-6
Wednesday	10-6
Thursday	10-6
Friday	10-6
Saturday	10-6

The CSO Board of Directors voted on August 10th to close the Bookstore section of the CSO on Sundays and Mondays. Due to a shortage of volunteers. We will resume operations as soon as we have sufficient volunteers.

No other functions of the CSO are affected. Authorized groups and committees may still utilize the CSO during these days.

Should you have concerns or questions please email;
csoachair@pugetsoundaa.org
csoadmin@pugetsoundaa.org



Area 72 Grapevine, La Viña, and Literature Quarterly

June 13, 2026, 10 am - 2 pm Hosted by District 34

This Meeting will be held in-person and hybrid

Kelsey Creek Church, 1221 148th Ave NE, Bellevue, WA 98007

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280.

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQxtiU0lyR0dmYm96dz09>

Light potluck encouraged

Come join us in person for fellowship starting at 9:30 am

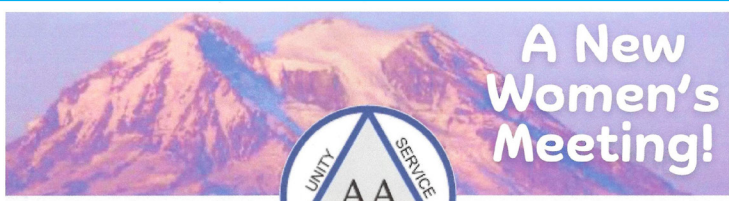
The business meeting will run from 10:00 am to approx 12 noon, and then we'll focus on writing for the Grapevine and la Vina!

We'll cover editorial deadlines, ways to submit an article, and hold a writing workshop to get us putting pen to paper.

Quarterly and workshop ends at 2:00 p.m.

Interpretation will be available, Spanish to English and English to Spanish

We look forward to seeing you



A New Women's Meeting!



Eatonville Women's Group
Saturday's at 10 am

Tanwax Country Chapel
36417 Mountain Hwy East
Eatonville, WA 98328

In the Education building next to the church
Look for the AA sign hanging on the doorknob

Weekly Meeting Format:

- 1st ~Steps
- 2nd ~AA Topic
- 3rd ~Traditions
- 4th ~AA Topic

We celebrate Birthdays the 2nd Saturday

50's!
Bowling Night

DAFFODIL BOWL
1624 E. Main Street
Puyallup, WA 98372

Saturday, June 6th
at 7:00 pm

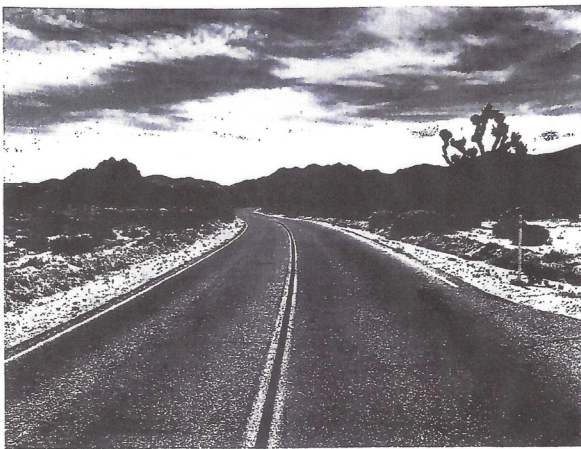
\$6.50 per person * **\$5** shoe rental

Dress in 50's attire or come as you are!

Clean & Sober Bowling

Contact Janet A for information
* **253-293-3610** *

TRUDGING THE ROAD



An open meeting of Alcoholics Anonymous
Big Book Study
Thursday Evenings @ 6:00pm

At-Anon and Alateen meet concurrently

First Presbyterian Church of Puyallup
412 W. Pioneer Ave
Puyallup, WA
Starting May 1st 2025



WILD WAVES
EVENT

SATURDAY JULY 18 2026 | **SATURDAY, JULY 18, 2026**

36201 Enchanted Pkwy S,
Federal Way, WA 98003

Wild Waves
THEME & WATER PARK

\$37.99 + TAX

AS LONG AS WE HAVE **OVER 15 PEOPLE**

PARKING IS EXTRA

Please contact **Janet A** to purchase tickets
253-293-3610

The Loft Group | Clean & Sober Fun

AA/AL-ANON

Northwest FELLOWSHIP of the SPIRIT

SAVE THE DATE!

SEPT 10th-13th

Festhalle Civic Center, Leavenworth, WA

BANQUET, BBQ, DANCING, GAMES and FUN!

SPEAKERS: Kurt Z, CA | Matthew M, CA | Tom B, CO
Damon C, WA | Louise H, WA

*An experience
you must not miss!*

Registration now open!
nwfots.square.site



**DISTRICT 32
ANNUAL PICNIC**

Friends & Family Invited!
Burgers, hot dogs & fixins' provided. All groups are invited to donate a gift basket for the raffle!! *Last name A-H bring a side dish, I-P bring dessert, & Q-Z bring drink!*

19 JULY 2026
AT 11:30 AM - 2:30 PM

STEEL LAKE PARK
SITE 1 (COVERED)
2410 S 312TH ST,
FEDERAL WAY

**BASKET RAFFLE, 50/50 RAFFLE,
FOOD, FUN & FELLOWSHIP**

**DELEGATE GENERAL
SERVICE CONFERENCE
REPORT BACK
HOSTED BY DISTRICT 25**

SUNDAY, JUNE 21, 2026
1:00 – 4:00PM PACIFIC
Meeting ID: 944 512 3341
Passcode: GSC2026

Join us to hear the report back about the General Service Conference with our Area Delegate, Courtney.

All are welcome!

Materials can be found on <https://area72aa.org/delegates-come/>

Questions? dcm25@area72aa.org

DELEGATE REPORT BACK

WHEN
June 20th
10am – 2pm

WHERE
**Bremerton
Salvation Army**
832 6th Street, Bremerton, Washington

Hosted by
District 10 · District 22 · District 43 · District 55 · District 56

**EVERYBODY
IS INVITED
TO ATTEND**

GSR'S and All
members are
encouraged to
participate.

POTLUCK

Please Bring
Something to share -
District 10 will
provide a main dish

**7TH
TRADITION**
Will be donated to
the Salvation Army

ZOOM OPTION
ID: 768 859 4034
Passcode: D10

Pacific Northwest Conference

June 26th - 28th 2026



**Hosted by Western WA Area 72
Heathman Lodge**

7801 NE Greenwood Dr, Vancouver WA 98662

Join us for a weekend of service panels, fellowship and fun in beautiful Western Washington.

**1ST PANEL STARTS FRIDAY 4P
ENDS SUNDAY 12P**

To register online visit www.pnc1948.org

REGISTRATION

Name: _____
 Name on Badge: _____
 Email: _____
 City/State: _____
 Phone: _____ Area: _____
 Interpretation: Spanish _____ ASL _____
 Volunteer by clicking [here](#)

Heathman Lodge

7801 NE Greenwood Drive, Vancouver, WA 98662

Cost: \$166 per night* + \$10 per add'l person

Group Rate "[Western Washington Area 72 AA](#)"

Book online [here](#)

For group rate please book by 05/27/2026

*Plus facilities fee of \$15 per night for amenities (pool, sauna, wifi, parking, gym, laundry services)

Registration

In person \$45	_____
Online \$25	_____
Friday Taco Bar* \$34	_____
Veggie ____	_____
Sat Burger, Tots & Salad* \$34	_____
Veggie ____	_____
Sat Buffet Dinner* \$57	_____
Veggie ____	_____
Sat Ice Cream* \$20	_____
Pre-Ordered Merch (see pg 2)	_____
Total Enclosed	_____

*Food Cutoff is 6/19/2026

Please make checks out to "PNC 2026" at 3640 S Cedar St S, Tacoma, WA 98409

For more information contact PNC 2026

pnc2026chair@area72aa.org

01/18/2026



PRE-ORDER SWAG

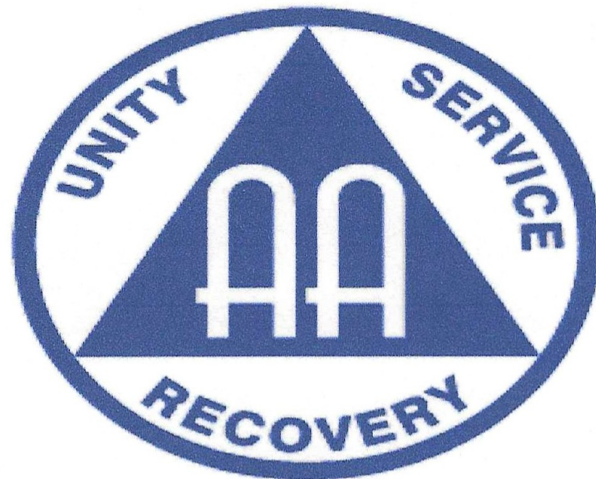
Item	Cost	Quantity
Travel Mug Includes all-you-can-drink coffee!	\$25	
Long Sleeve Hooded T-Shirt Size ____ Available in sizes S - 4XL Polyester, Moisture-wicking, UPF 45 sun protection	\$30	

**JOIN US
FOR ANOTHER MEEKER
CAMPOUT & POTLUCK PICNIC**

When: August 7, 8, 9 2026

Where:

Camp Lakeview
32919 Benbow Dr. E
Graham WA, 98338



Camping

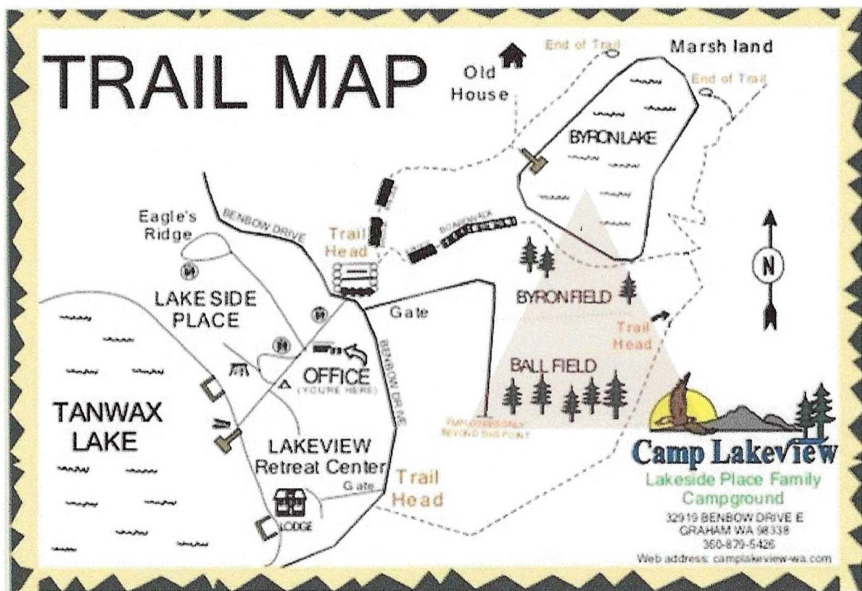
\$60-WEEKEND Per Tent
\$10 extra tent (\$80 w/o pre-registration)
Friday check in noon
Sunday Check out 11am
\$10 Saturday picnic per Person (No RV Hookups)

Friday Night

*7pm Chili cook off & Potluck
*Meeting at 8pm
*10pm campfire meeting

Saturday

*Meeting 6am 9am & noon
*6pm potluck
*7pm Speaker
*8pm Raffle, 50/50
*10pm campfire meeting



Activities

*Swimming
*Walking Trails
*Fishing
*Games
*Boating (rentals available)

For more Info Contact:
Maria H (253) 468-7769
Luke F (253) 353-0855
Jenn A (425) 220-2725

ONE DISTRICT. ONE FAMILY. TOGETHER IN RECOVERY.

DISTRICT 29 FAMILY PICNIC



Join us as we come together as one recovery family - welcoming members, loved ones, and groups from across District 29 for a day of connection, fellowship and fun!

**FELLOWSHIP | POTLUCK
RAFFLE | 50/50 DRAWING**

11 AM - Fellowship

Noon - Potluck

2 PM - Raffle and 50/50 Drawing

Yard Games, DJ, Fellowship and More

**Saturday
July 11**



**Frontier Park
Graham**



**11AM -
3PM**



Contact Amanda M
altdcm29@area72aa.org

Service Opportunities available



21718 Meridian E
Graham WA

Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's topic Tradition 6. Send it to this email by the 4th of every month d29actionlog@pugetsoundaa.org. Please take a moment to enjoy these and share!

We want to thank these anonymous AA members for sharing on Tradition 5.

Tradition Five

"Each group has but one primary purpose --- to carry its message to the alcoholic that still suffers."

Tradition Five states that each group has but one primary purpose, which is to carry its message to the alcoholic who still suffers. I'm always happy going to my home group. Usually I get there early, sit next to the window, and admire the beauty of God's creation- the trees, squirrels, and the ever changing sky. I also enjoy a cup of coffee and a cookie. As my friends arrive, the magic begins. I usually greet them with a handshake or a hug, and we chat about life. I once saw a sign in a meeting that read, "There are no strangers here, only friends you haven't met." This is a fitting sentiment for an AA meeting. However, sometimes I pass over the people I don't recognize while greeting my friends. I must remind myself that these individuals also deserve a greeting and a kind word. It could be their first day in the program or their twentieth year, trying out a new meeting. They also deserve to be welcomed into the group with warmth and fellowship. The new person may feel alone and afraid while the other may have some life situation causing stress. "When anyone, anywhere reaches out for help I want the hand of AA to always be there, for that I am responsible". (From the responsibility statement). I need to follow the fifth tradition of welcoming all and lending an ear to someone who needs to talk. At the very least, I can show them the way to the coffee and donuts. I hope I always remember that the alcoholic who still suffers may be the one with the most time in the program.

Tradition 5:

For me this tradition means there's two sides. One side is the alcoholic who still suffers and the other side is the one that has a primary purpose (your group). I hope you know you don't have to stay forever on the suffering side.

Not just a group but yourself also should make this a practiced knowledge, all the time. You have to be aware first, of that feeling where alcohol doesn't have it's claws in you any longer. How practicing the program has made that possible. Than this thoughtful hand can continue help any suffering alcoholics.

Following a Tradition like 5, makes you in a group and have a duty to reach out and to help a suffering alcoholic. And that person may not always be the new guy.

Supporting people through
Recovery costs nothing, but the
payoff is priceless.

A relapse happens in your mind
before you actually pick up a drink.
Be aware of you thinking.

Healing doesn't mean the damage never existed.
It means the damage no longer controls our lives.

Dear AA Members of District 29,

District 29 is in need of an AA member that will fill the Correction Chair position. The rotation will last until the end of the 2026 year. At which time you can decide to continue for another rotation if you would like. Brief description of position is on page 16. If you desire a position that really helps the suffering alcoholic, (recommend 2+ years sobriety) please join the District 29 crew by contacting DCM Fred J at 253-229-7435.

Be the reason somebody believes sobriety is possible!

Editor's note: It was brought to my attention that the previous map did not have our neighbor District 44 on it. You can find this one on our CSO website Puget Sound AA. But this one does not cover the whole Area 72, or all of District 29. According to the Area Chair Derek S - they are working on accurate map, but unaware of when it'll be ready.

